

Dr. Steven Berkman

June 7, 1945 - March 28, 2020

Dr. Steven Berkman of Old Bridge, NJ died peacefully on March 28th, 2020.

He was born June 7th, 1945 to Leon and Natalie (Koplin) Berkman in Queens, NY, and lived there with his brothers Jeffrey and Brian until college.

He attended Emory University in Atlanta, GA, where he majored in Biology and Chemistry. He was a member of Tau Epsilon Phi Fraternity and the Alpha Epsilon Delta Pre-Med Honor Society.

After graduating, he married Margo Fienberg, and attended New York State University, College of Medicine - Downstate in Brooklyn, NY. They lived there through his medical school and residency, where he specialized in Obstetrics and Gynecology.

He served as Chief Resident, obtained certification from the American Board of Obstetrics and Gynecology, and became a Fellow of The American Congress of Obstetricians and Gynecologists as well as the American College of Surgeons.

After moving to Closter, NJ, their son Scott was born in 1981. They lived there for 26 years and were active in the local Jewish community at Temple Beth El and Scott's school.

He later moved to Old Bridge, NJ, and married Mildred Caicoya in 2006 in Puerto Rico. They loved to vacation there and visit with family. One of his favorite places in the world was his 'private' beach at their home in Ponce.

After practicing for 48 years and helping bring countless lives into the world, he retired from medicine in December 2019 due to illness. Throughout his career, he was dedicated to patient care and teaching others.

Steven loved his family, travel, movies, TV (especially the original StarTrek), theater, music, good food, crossword puzzles, and spending time with friends.

He is survived by his wife Mildred and sons Scott (Sheryl), Rosendo (Victoria) Cedeno, Robert (Annie) Cedeno, and grandchildren Maxim, Charlotte, Xavier, and Mason.

Online condolences may be made to the family at www.HegartyScaliaFuneralHome.com

Tribute Wall

KI

“ Hi Dr. B. I've been thinking of so many, many memories and trying to think which one to post about. Genuinely, there are too many to chose from. So I'll make it brief, because I've left tributes elsewhere online and if I'm right about my belief system, you can likely see me and know that I'm thinking of you.



Something had happened to me in VA while I was visiting - and no I will not post it online... I called you up and told you and you, as always, cleared your schedule for me, and told me to hit the road on the way back to Brooklyn and get into your office in NJ immediately. the story is funny, well the part I'm not sharing online, but the part that's so true to you, is how you knew I needed medical attention and were immediately there for me.

Forever honored and blessed that you were emailing with me back and forth during your final days/moments in the ICU. My Dr. and friend, originally Dr., but after so many years they bled into each other from age 18-54. I have no idea how I would have managed life without you - though I can kind of imagine, I'm doing it now and I don't like it.

You are so very, very missed, in the medical field HUGELY, but in this existence itself. I know you're at peace, all you did was bring good into this world, and I know you're in glee, because in-between bringing good you bringing laughter.

Thank you for your Steve - forever missed, forever remembered.

Kimberly

Kimberly - March 28 at 04:59 PM

NN

“ Oh no. He is my favorite doctor in the world. He delivered both of my kids and when my younger daughter was old enough she came to him for her annual check ups. We'd go together. She developed a glioblastoma in 2016 and passed on in 2018 at the tender age of 26. Dr. Berkman attended her memorial service. He was a wonderful human being as well as an excellent doctor with the best bedside manner ever. He always picked up your spirits no matter what. I'm so sorry to learn of his passing.



Nina Rogoff Nobile - May 22, 2025 at 02:24 PM

DM

“ Debra Mawardi lit a candle in memory of Dr. Steven Berkman



Debra Mawardi - September 01, 2024 at 01:43 PM

DM

“ I'm am so sorry to hear about you dear Dr. Berkman, You delivered my 2nd child in1980,. My son was 3 full months premature and if it weren't for you and the LICH I don't know where I would be. Sean grew up to be healthy and is perfect. Back in those days there wasn't the technology they have today for preemies. You also delivered my 4th child. I will always remember you and Dr. Harris and Galousous team. Rest in peace sweet soul.

Debra Mawardi - August 31, 2024 at 05:01 PM

LC

“ I'm a Jersey Girl who married a Brooklyn boy and moved to downtown brooklyn in 1979. When I became pregnant for the first time I went to the group in Brookyn Heights of which Dr. Berkman was a partner. I was so lucky to have him deliver my son born on December 24th 1980 in an ice storm. Many years later after moving to New Jersey I happen to see Dr. Berkman in BJ'S shopping. He did remember the ice storm night as he had to stay in the hospital because of the weather and was meeting his wife the next day in the City who was pregnant with this son. After so many year's I just happened to google him to see what he was up to and sadly learned of his passing. I'm am truly upset.

LINDA CHISARI - August 08, 2024 at 06:18 PM

KF

“ Isn't it amazing and beautiful that near all of his/your patients knew how deeply you loved your son and your wife? I think it's a testament (one of too many to list) of who you were in the physical. You were so proud of your son every day of your life, and beyond overjoyed when you met your wife, then married her - so much so that even your patients knew. I love that, I think we all loved that about you. I think we all loved everything about you.

Kimberly F - March 20, 2024 at 03:15 PM

KF

“ I was 17-18 years old, everyone was talking about you "the best gyno in Brooklyn!" I had a few issues, hated going to the gyno, the waiting room was packed, I went in, met you, and you had me hysterical laughing within minutes.

One of my favorite memories of you is later in life, early 30's, you were then working in NJ for quite some time. I lived in Long Island, NY and needed surgery. I refused to allow anyone else operate on me, but you. And so, we set it up. Prior to surgery they wanted to start my drip, but I was afraid of needles, I refused to let them start until you arrived. You arrived, you literally cradled me in your arms, and they began the drip. Then I grabbed your collar, pulled you close and said "I'd better be able to have children when you're done!" You said "oh, no pressure thanks!" LOL I came out of surgery in so much pain, you whispered in my ear, "the good news, you can have children, the bad news, the tiny scar is a little crooked." I said "gee thanks!" LOL I stayed in your hospital for about 3-4 days, pain was bad, the meds they were giving me weren't working and I was frightened, especially at night when my family couldn't get to NJ. You came to the hospital every night after work, and sat with me, forced me to walk against my will, yelled at the staff for not realizing I had too high a tolerance for the meds they were giving me and demanded they give me something else. You were family, not just any old doctor. I'll never forget the immense care you showed me during that moment in time, but it wasn't only in that moment, it was all moments in life.

My ultimate hilarious favorite memory of you is when you came out to the waiting room in your office to get me (just fast forwarded a few years) put your arm around me and told my then fiancé that you've been inside of me more than he has, proceeding to walk me to the exam room with your arm around me, you and I hysterical laughing to the point of snort laughing - my fiancé was not a happy man HAHA.

Dr. B, my dear sweet Doctor, but also friend, how I miss you. You

took care of me from teenage years through 2019, even as you were so ill and struggling, still emailing me, speaking to me on the phone, me in FL, you in NJ. You were my everything doctor, I never went to doctors, I called you, you had me describe my symptoms, regardless of related to your specialty or not, you immediately knew what I needed and just as immediately called the meds into the drugstore, and each time I was A-OK within days. But we also spoke about our lives throughout the years, so many changes, difficult times, happy times, joyous times, changes, both of our lives, precious bonds.

I've trusted NO OTHER DOCTOR since you departed Earth, and I miss our talks so very much. You were the last of the good-guys, the last of the old-schools, the last of a very special type of human. I know you can see me, likely hear me, so you know that I saved all your emails, including you emailing me just a day or 2, maybe less, before you departed Earth to tell me what was happening. And you were so concerned about my health during what was an awful time for your health and last moments here. One of the most selfless humans and doctors. Healthcare is a MESS 4 1/2 years later, it's scary being in the hands of the many Dr.'s I'm in the hands of, without being able to call you and ask you if any of them have a clue what they're talking about and without you guiding me and telling me what I should be telling them I need (or don't). Life's been a rollercoaster. It's hard being on this ride without you, but your legacy lives on in me, the countless thousands upon thousands who adored and admired, relied upon you as much as I did, and of course, your beloved son and wife, deeply your son and your wife.

You are missed, you are thought of, you are appreciated, you are loved.

Be in Bliss and Joy, Peace and Harmony.

Forever, your pain in the _____. Kimberly

Kimberly F - March 20, 2024 at 03:09 PM

KF

“ Kimberly F lit a candle in memory of Dr. Steven Berkman



Kimberly F - March 20, 2024 at 03:08 PM



“ Dr. Steven Berkman

October 05, 2023 at 11:16 AM




“ I'm so sad to hear of the passing of Dr. Berkman. He was with my during my emotionally and physically difficult pregnancy with my daughter. He was so supportive and so happy for me when I found out after 4 boys I was finally having a girl. My heart is truly broken, what a loss. Praying for his family, friends, and patients.

Kelly Anne Wankmueller - May 10, 2021 at 09:22 AM

KL

“ I just came from an appointment where I was asked by my doctor, "Who did laparoscopy? They did a great job!" It was a crazy question as the procedure was 15 years ago, but it led me to look up Dr. Berkman and learn of his passing. I'm so very sorry. He held my hand through my difficult fertility trials and was overjoyed when I gave birth to my son. His humor and understanding were a gift to us all. My heart goes out to his family and friends, as well as the community of patients who benefited from knowing him.

Kristen Lamoreaux - March 03, 2021 at 01:28 PM

 Sabina
Orsi
Monaghan

“ I am so sorry to hear of Dr Berkman’s passing. He was there for both of my boys birth and was a true patient advocate. He will be greatly missed.

Sabina Orsi Monaghan - January 08, 2021 at 10:10 AM

CH

“ I just found out today that Dr. Berkman passed. What a huge loss to this world. He was not only an amazing OBGYN, but he was an amazing person. I never dreaded going to appointments when I knew I'd see his smiling face and get to hear his silly jokes. I remember I asked him how I was getting so big so quickly with my 2nd pregnancy and he told me "Old girdles don't hold like they used to" and I'll never forget it. He had me actually laughing when I was pushing out my 2nd son in 2012, I was LAUGHING giving birth, that is how great of a Dr. he was. He will be sincerely missed. Fly high Dr. Berkman RIP.

Cheryl - October 27, 2020 at 11:48 AM

CW

“ Dr. Berkman was the best Dr there was. He delivered 3 of my babies and my stillborn daughter as well. He cried with me, held my hand, and made sure that I was taken of. He was there for not only me but for my husband as well. His personality was the greatest. His bedside manner was the best. He was so much more than just my Dr, he meant so much to me. I'll never forget how he comforted me during my most traumatic moments. When I gave birth he always took pictures big my babies to show the office staff. My last pregnancy he was sick and couldn't deliver my baby but he still showed interest in my well being and the care I received. My heart broke when the girls at the office broke the news to me. I will forever remember Dr B and pretty sure I'll never find another Dr that can ever come close to who Dr B was as a doctor. I pray he's dancing with the Angels in peace 💕

Cavina Williams - October 09, 2020 at 04:47 PM

LB

“ I just found out today about Dr. Berkman's passing. I am so sad to hear this. He was my OB through both of my pregnancies and my gyno before and after my girls. He was part doctor and part therapist. He always have me amazing advice and was sweet and comforting when needed. He will be greatly missed. What a wonderful man.

Lori Bley - September 28, 2020 at 06:37 PM



“ Today I found out that Dr. Berkman had passed away. I am so incredibly sad to hear this news. Dr. Berkman delivered my son on 10/2/13 and my daughter who was stillborn at 9 months on 4/26/18. Throughout my difficult pregnancy and devastating loss Dr. Berkman was there for me. He held my hand, he cried with me, and he did whatever he could do to support me through the worst days of my life. He was such a wonderful doctor and an amazing man. I'll never ever forget the kindness he showed my family and I.

Danielle Santora

Elle Lee - September 11, 2020 at 12:46 PM



“ I only found out today Dr. Berkman passed, I was so upset. He was a wonderful dr. and a wonderful person.

Kelly Kish - July 16, 2020 at 03:21 PM



“ I am deeply saddened about Dr. Berkman's passing. My heartfelt condolence to his family, especially his dear wife and beloved son. Dr. B was an excellent doctor who genuinely cared about his patients. I had the privilege of having him as a preceptor during my clinical training almost a decade ago. I feel blessed to have known him as a mentor and a friend. I will miss him dearly. Praying for peace, strength and comfort for his family.

Bridget

Bridget - June 22, 2020 at 03:37 PM

LP

“ *My deepest condolences to the Berkman family. Dr. Bergman was an amazing man and I am heart broken over his passing. My husband and I had the upmost respect for him and we will miss him.*

Love, Lawren Paris

Lawren Paris - June 10, 2020 at 04:29 PM



“ *A sympathy card was purchased for the family of Dr. Steven Berkman.*



May 19, 2020 at 06:43 PM

KF

“ *My last email from Steven was on March 24th from the ICU, I've been writing back ever since and knew in my heart that he had passed, he always wrote back. I waited 4 weeks hoping upon hope until searching online and here I am, a place that saddens me to be.*



Steven was my doctor and friend for 37 years. He watched me go from a crazy and wild 18 year old, to a wife, a divorcee, a wife again and eventually grow into the adult I am today, yet still always called me kid. With the every changing medical field over the past many decades, Steven refused to change with it, refused to degrade the way he cared for his patients, refused to take on dangerous procedures simply because they were cost and time efficient, he was always about what was best for his patients at any cost. As a doctor and friend, his humor, his heart nor his compassion could ever matched by another. He'd become an adopted family member of mine and someone I always counted on, he could always be counted on, a staple and part of my heart and my life.

Steven, Dr. B, was the post proud father I've ever met, telling countless stories about his son Scott during the entire 37 years I'd known him, and would do so with so much joy and pride. He loved his son with all of his heart, his cats along the years of life and his wife Mildred very, very much.

Rest in peace on the wings of angels my dear old friend. I'm happy you are no longer suffering, but will miss you oh so greatly. Our world lost the last of the great doctors and I lost a dear friend/family.

To Scott and Mildred, to any and all of Steven's family ... my deepest and most heartfelt condolences.

Kimberly Friedson - April 26, 2020 at 06:10 PM

LI

I am in such shock over this . Pls tell me what happened to him ! He was such a help when I was pregnant with my triplets ! My condolences..... he was a wonderful friend, he even came to my moms funeral .

Lisa - August 24, 2020 at 06:15 PM

LO

“ *Lizabeth Olexson lit a candle in memory of Dr. Steven Berkman*



Lizabeth olexson - April 21, 2020 at 02:56 PM

AD

“ *My husband and I are so very sad to hear the passing of Dr. Berkman. Our sincere condolences go out to his family and everyone who loved him. He was more then a dr., He was like family to us , delivering our three boys. May he always be remembered as a wonderful person he was and may he always know how much he will be miss. Love, The Daly Family*



ashley daly - April 11, 2020 at 11:53 AM

LI

Sad

Lisa - August 20, 2020 at 09:29 PM

MS

“ I am so sad to hear of Dr. Berkman's passing. He was a wonderful person and never failed to make me laugh. I still have the prescription he wrote me after he delivered my daughter in 2007. Blessings to his family.



Melissa Salerno - April 06, 2020 at 04:05 PM

LI

“ I am so heartbroken over this. My deepest sympathies to the entire family. Dr. Berkman may have just been my Dr, but he felt more like family. He delivered my first daughter, he came to visit me at the hospital with my 2nd daughter after she's came early via emergency C-section, and he sent me a little note in the mail with test results after my miscarriage to see if I was ok. There is no other Dr out there like him. He is greatly missed. My prayers to the whole family.



Lisa - April 04, 2020 at 08:10 PM

Deborah McGlynn

“ Dr. Berkman was a wonderful person and doctor. He was always honest, compassionate, funny and a gentle soul. I will miss him dearly. My thoughts and prayers to his family.

Deborah McGlynn - April 04, 2020 at 08:08 PM

DA

“ I am so sorry to hear this .. my sympathies to the family 💔 I will never forget Dr Berkman .. he was sent from above .. I had just made it through a DNC from a different doctor and I then went to my sister in laws doctors office (Dr Berkman) and he found my miracle baby all snug in my uterus still 🙏 .. He gave me the best news 🙏 and 23 years later my miracle baby got pregnant and he gave her the best news of her life too 🙏❤️ He was an awesome doctor .. thank you for sharing him with us ..

Dawn Argentina - April 04, 2020 at 08:05 PM

LC

“ My deepest sympathies to Dr. Berkman's family! I never trusted a doctor more than I trusted him. He delivered my precious grandson. He took great care of my daughter and daughter-in-law. Doctors like him come once in a lifetime! I'm heartbroken! Rest In Peace. I will truly miss you.

Lorraine Clark - April 04, 2020 at 05:27 PM

NE

“ I am deeply saddened by the loss of Dr. Berkman. One of my favorite doctors personally and on a professional level as well. I loved bumping into him and chatting often since our departments were located in the same section of the hospital. He knew his specialty well and made you feel at ease and well taken care of as his patient. As a new mother he answered all my ridiculous questions and even injected humor which I appreciate so much. He helped me through 2 pregnancies. One of those deliveries was a little hard on me and I was in labor for long hours. He was called and came in even though he was not to start call for another day. When he arrived I heard his voice in the hall and remembered I closed my eyes and sighed with relieve, "He's here" Dr. Berkman was dressed in a full suit at 10:30 at night. He came to me and said with a big smile, "you ready to have a baby?" I had the baby within a half hour of his arrival. My small story embodies everything I remember and adore about Dr. Berkman. Smart, funny, handsome, and compassionate. My deepest sympathy and condolences to his family during this rough time under these circumstances.

Nina Eckhouse - April 04, 2020 at 09:03 AM

Ellen
Mayes

“ *Dr. Berkman was a very special person. He delivered my first son, didn't make it for my second son's delivery but came as soon as he could and was truly one of my favorite people. I trusted him, and he kept me calm through my pregnancies, talked me through my first year of parenting and was there for any medical advice I ever needed. I'm so sad 😞 he was the best!! He was more than just a Dr. This picture is from my son's baby book. My heart goes out to his family and friends. He will be missed and always be in my heart.*



Ellen Mayes - April 03, 2020 at 01:27 PM

CR

The best doctor ever! I trusted him with my life! He brought my daughter into the world and placed her on my chest all those years ago! I missed him when I couldn't get to NJ from Brooklyn for a doctor visit, and I am so sad to hear about his passing...he was incredibly kind and caring and always put me at ease. I know he truly cared.

Carol R. - September 10, 2020 at 06:56 PM

MI

“ *My deepest condolences to Dr. Berkman's family. He happen to be the smartest person I've ever met. He loved all of his patients and truly loved what he did. There was never a time he was not able to help someone in need. I will truly miss him. The office will never be the same! 🙏*

michele - April 02, 2020 at 09:57 PM

KM

“ Absolutely loved working with Dr. Berkman! Such a loving and caring man - all around an amazing guy. Honored to have learned from him, worked beside him and look up to him. He is greatly missed.

Kristen Morelli - April 01, 2020 at 10:20 PM

CV

“ Working side by side on Fridays were really the best ending to a long week!! Always had a smile and was always making every experience a teaching moment! Smart, funny, kind and i'm so sad and will kiss him dearly !

christine valenzano - April 01, 2020 at 10:01 PM

LA

“ My deepest heartfelt condolences to Dr. Berkman's family. He delivered 3 of my children. He was my absolute favorite doctor. He was such a happy man, always had a smile on his face. When I was pregnant with my third pregnancy, i was concerned because I was very big, Back in the 80's, they didn't do routine sonograms. In my 7th month, I told him I have to have a sonogram because something is wrong. He agreed to the sonogram. When the sonogram was given, they discovered I was having twins. He came running into the room and said "I knew you were having twins!". He also helped me through a very difficult delivery. I had a placental abruption and was bleeding badly. He held my hands and very calmly said, "Lauren, I am not going to let anything happen to you or this baby". Such kindness and compassion. He was one of the great ones and will be remembered and missed.

Lauren - April 01, 2020 at 08:25 PM

NC

“ I’m so heartbroken over the loss of Dr. Berkman. Not only did he teach me so much as a new nurse but he exemplified what it meant to work as a team. I’ll never forget him walking in after Matthew was born to congratulate me and affirming that see you could do it. Or hearing his name mention 10 times for my version, he always went above and beyond.

Nicole Caminiti-DeMerchant - April 01, 2020 at 01:01 PM

KD

“ My condolences to Dr. Berkman’s family. He was a wonderful doctor and teacher I had the pleasure of working with. He loved you Mildred. I never met you but he talked about you all the time. May he Rest In Peace. May your hearts rest knowing he did good in his life.

Katrice Larece, DO - April 01, 2020 at 11:53 AM

AB

“ He was such a warm, loving, and big gentle big. You would think he would be cranky but deep down he wasn't he was just lovable. When I moved to North Carolina and would come back to NJ my first year still working he always had a nice story of when he always went to NC and where I should go visit and stop. He truly will be missed. I learned a lot from him during my time at RBMC, Rest Easy Dr. Berkman and know we will all be thinking about you. Prayers of strength and comfort to your family. Alissa Buffington

Alissa Buffington - April 01, 2020 at 01:14 AM



I loved this man!! He delivered my son in 1986 in Brooklyn. Although he always wisecracked and seemed flippant, in labor, he was a big moosh and felt every contraction with you! Funny story: during an exam while very pregnant, he noticed a burn mark in my belly. I explained I was ironing and my belly got in the way. He advised me to “marry a Jewish man next time, their wives don’t iron” and he cried with me when he found I had a late miscarriage. Rest In Peace doctor, and thank you for everything, from one of your “Golden Boxes”, Carolyn.

Carolyn Cuneo - April 01, 2020 at 08:52 AM