



John F Abair, Jr.

July 31, 1968 - November 8, 2025

John F Abair, Jr., 'Big John' , 57 of Old Bridge, New Jersey passed away on Saturday, November 8, 2025, after a courageous 21 month cancer fight. He was at home, surrounded by the love and affection of his family and friends right by his side. He was a fighter until the very end.

Born Wednesday, July 31, 1968 in Brooklyn, New York, John was the son of John F. Sr (Jack) and Letitia (Letty) Abair. John was raised in the Marine Park section of Brooklyn, a tight knit community where he would make life long friendships. John was a proud graduate of St. Thomas Aquinas Catholic Elementary School and Nazareth Regional High School. John would get right to work after graduating High School and worked side by side with his Dad in demolition. John then attended Carpenter Trade school where he would learn the skills that would keep him busy until the very end. His career path changed as his goals and dreams for his family grew. He did whatever he needed to do to take care of his family. John became a proud member of Local 32BJ. His proudest career accomplishment was when he pounded the pavement of NY City for an opportunity to join Local 94 Operating Engineers . His 25 year career 'working on the chillers and cooling towers' was spent mostly at the Teleport where he made life long friends. He was a very proud Union Man!

John would meet the love of his life, Kathleen Hamill in Brooklyn and what

started as a friendship grew into love. They married in 1997, and would live in Marine Park to begin building a family of their own before settling in Old Bridge at the home he would never stop working on and fixing up.

When he was not working he was very involved with his 3 children and loved nothing more than taking them to practices, coaching, and forever giving them life lessons. When his children were growing up John was active in the Sayrewoods South Little League, often lending his building expertise to projects around the fields and clubhouse. John had been a vibrant and active member of St. Ambrose Parish and was always looking to grow and learn more about his Catholic Faith. John was a proud friend of Bill W and was one of the founders of Club Serenity, a Recovery Club, located at St. Ambrose Parish. It was there that John found his true calling in service to others. John was also a member of Council 6424 St. Ambrose Knights of Columbus, as well as a member of the Friendly Sons of the Shillelagh, Old Bridge.

When John had sometime for himself he enjoyed (obsessed) collecting Baseball Cards and memorabilia that he displayed proudly around the home. He was huge fan of the New York Yankees, and spent these last weeks of the baseball season hoping for that one last shot at winning the whole thing.

John loved the ocean, going to the beach and fishing with his boys with or without bait. John was a helping hand to anyone who needed it. He took great pride in his home and made it a place where family and friends could gather to be together. John was an inspiration not only to his family and close friends, but also to the community in which he lived. He will be deeply missed by all those that were blessed to have him in their lives.

John was predeceased by many family members but most recently, his beloved Aunt Betty just last week.

John is survived by his beloved wife, Kathy, by his loving children, Thomas, John, and Amanda, by his loving parents, John F. Sr, and Letty, by his siblings, Susan and Janet (Lou), by his cherished grandson Bryson, by his Uncle Patrick (Georgianna), and Aunt Kathleen McGovern, by his sisters in law, Doreen McMenemy, Kim Flynn (Kevin) and Dawn (Glenn), an army of nieces and nephews, many loving cousins, and countless friends.

The family would like to thank the doctors, nurses and staff of the WTC /EOHSI at Rutgers and the Cancer Institute of New Jersey, especially Nina and Patty who were instrumental in getting John home to us on Friday. They knew how important it was for John to be at peace in his home with his family and they made that happen !

In lieu of flowers the family requests donations be made in John's memory to <https://www.clubserenityobnj.org/checkout/donate?donatePagelId=5b9563f14fa51ad19037f4e0>

The family will receive friends from 2:00 PM to 8:00 PM on Thursday, November 13, 2025, at Michael Hegarty & John Vincent Scalia Home For Funerals and Cremation Service, 3377 US Highway 9, Old Bridge, New Jersey.

A Mass of Christian Burial will take place at 10:30 AM on Friday at Immaculate Conception Church located at 18 South Street Spotswood, New Jersey 08884. Friends are asked to gather directly at church.

Interment will follow at Holy Cross Burial Park, East Brunswick, NJ.

Online condolences may be made to the family at www.HegartyScaliaFuneralHome.com

Previous Events

Visitation

NOV 13. 2:00 PM - 8:00 PM (ET)

Michael Hegarty & John Vincent Scalia Home For Funerals and Cremation Service
3377 US Highway 9
Old Bridge, NJ 08857

Service

NOV 14. 10:30 AM (ET)

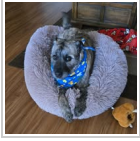
Immaculate Conception Church
18 South Street
Spotswood, NJ 08884

Service

NOV 14 (ET)

Holy Cross Burial Park
840 Cranbury South River Rd
East Brunswick, NJ 08816

Tribute Wall



“ I knew John from Nazareth we use to hang out with friends. He was a great guy. My condolences to his family.

Gina Pappalardo - November 23, 2025 at 07:57 PM

BD

“ My deepest condolences to you Kathy and your family. I never met John but my husband said many great things about him. I am so sorry for your loss, he sounds like a GREAT person. My prayers are with you during this difficult time.

Brooke Dubinski - November 15, 2025 at 07:34 PM

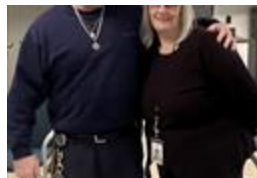
SS

“ My brother John was a bright light of love, faith and family. He always greeted me with his bright smile and a hug. We loved to laugh together. Rest in peace brother bear. ❤️🐻💜 - Susan Schirmer

Susan Schirmer - November 14, 2025 at 07:00 PM

JT

“ It was such a pleasure working with John at the Teleport, even though he kept telling me he was going to quit because he hated the computer 😂. But being who he was he certainly learned it quickly and thoroughly. Godspeed John!



Judy Trimarchi - November 13, 2025 at 07:25 AM



“ 117 files added to the album *Life Tributes*



Michael Hegarty & John Vincent Scalia Home for Funerals and Cremation Service - November 12, 2025 at 07:53 PM

PS

“ *Our beloved nephew, more like a son to us, go with God John. We love you forever.*

Uncle Pat and Aunt Georgiana

Patrick Sheridan - November 12, 2025 at 06:45 PM

FR

“ We are so sorry to hear of the passing of John. John was a great co worker and friend, he will be missed very much. On behalf of the crew from the Teleport our prayers and condolences to the family. RIP John.



Frank - November 12, 2025 at 11:29 AM

KA

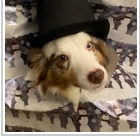


Kathy - November 12, 2025 at 11:39 AM

JT

Perfectly said! John was a great co-worker and a great friend who will be forever remembered, forever missed, and forever loved! To Kathy, their children, and all of John's family I send my deepest condolences. May it be of some small comfort for you to know that i will be keeping John and all of you in my prayers 🙏. Heaven has certainly gained an angel 😊 and John will watch over you. May he rest in eternal peace and may all of your memories outweigh your sorrow 😭

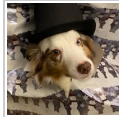
Judy Trimarchi - November 13, 2025 at 07:20 AM



“ 12 files added to the tribute wall



Dale Abair - November 12, 2025 at 10:49 AM



Heart broken beyond words, my cousin(our brother),my friend,💔💔🙏
❤️

Dale Abair - November 12, 2025 at 10:52 AM



“ We love you John the bond we all share is a lifetime our childhood is our roots and our roots is where we all began on Ryder Street Brooklyn all together forever ❤️



jennifer - November 11, 2025 at 07:53 PM

AA

“ ☁️ 📺 🙌



amanda abair - November 11, 2025 at 06:41 PM

AA

“ my dad ❤️ ; forever. 💖 🙌 📺



amanda abair - November 11, 2025 at 06:38 PM

CJ

“ Rest in Peace, Uncle John. You will be so missed by us all. We love you so much ❤️



casey johnson - November 11, 2025 at 09:53 AM

TM

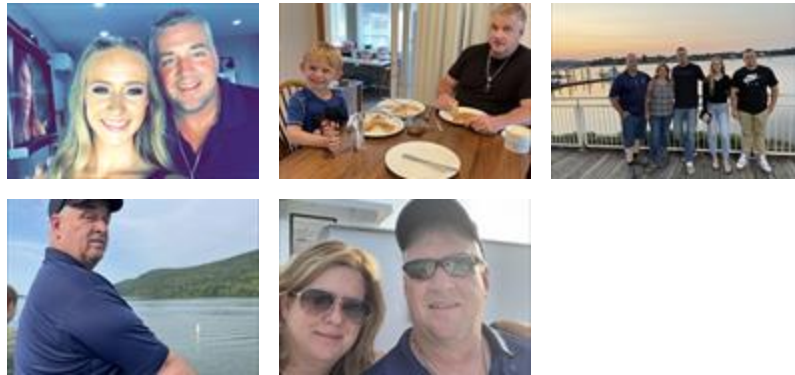
“ *What a tremendous loss. My heart aches for you and your family. Our deepest sympathies. Praying for you during this difficult time.*



The Machado's - November 11, 2025 at 08:35 AM

KA

“ *13 files added to the tribute wall*



Kathleen Abair - November 11, 2025 at 07:25 AM

LD

“ *I know John from grammar school STA. He was always a nice, kind, respectful kid. We reconnected on social media and he never lost those qualities and I always wished him well. He will always be remembered for those qualities. My condolences to his family and loved ones. May he forever rest in the wings of angels.*

Laura DiGiacomo - November 11, 2025 at 02:32 AM

JR

“ Joan Rubino lit a candle in memory of John F Abair, Jr.



Joan Rubino - November 10, 2025 at 08:29 PM

JM

“ My High School buddy, pitching quarters on the track, stealing food from the cafeteria, getting into chaos at Nazareth, hanging out out on Flatbush well after HS. Great guy!!!! Truly heart broken. Rest easy my friend, until we meet again 🥰🙏

John Martorell - November 10, 2025 at 05:52 PM

JM

I know John since the 4 th grad he was always so much fun . I seen him many times as an adult and he always had that smile on his face and always gave you a huge when he saw you . My heart is broken hearing of John passing . My prayers are with you and the family . Rest in peace .

James Maxwell - November 10, 2025 at 06:59 PM

VP

Our Deepest Condolences to the family of John ,in the much too soon passing of such a wonderful Sole.
God Bless his Family and his Sole
Peace be with you all.

Valentine & Joanne Pascone - November 11, 2025 at 05:20 PM

MG

Very sorry for the lost my condolences.The Giglio family mike the plumber

Mike giglio - November 14, 2025 at 12:18 PM